## Continuous-Time Perspectives on First-Order Optimization Methods

Weijie Su

University of Pennsylvania

# Gradient-based optimization







# Gradient-based optimization







- Simplest example: gradient descent
- Almost entirely focused on differentiation
- Toolkit is (relatively) small

## Dynamical systems



- Simplest example: ordinary differential equation (ODE)
- Interplay between differentiation and integration
- A much larger toolkit

## Connecting dynamical systems with optimization?

Leverage the power of ODEs to analyze optimization methods



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Leverage the power of ODEs to analyze optimization methods



• Long history (see monograph of Helmke and Moore '96)

A framework for modeling, analyzing, interpreting, and designing accelerated optimization methods

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A framework for modeling, analyzing, interpreting, and designing accelerated optimization methods

 Develop ODEs as amenable surrogates for accelerated optimization methods

- Provide intuitive and generalizable proofs
- Suggest new accelerated methods

## Collaborators

- Stephen Boyd (Stanford)
- Emmanuel Candès (Stanford)
- Shuxiao Chen (UPenn)
- Simon Du (CMU)
- Yicong Jiang (Harvard)
- Michael Jordan (Berkeley)
- Bin Shi (Berkeley)
- Da Wu (UPenn)

## Gradient descent

f is convex and  $\nabla f$  is  $L\text{-Lipschitz:} \|\nabla f(x) - \nabla f(y)\| \leq L \|x - y\|$ 

- $||b Ax||^2$ : least squares
- $-b^T(Ax + x_0) + 1^T \log(1 + \exp(Ax + x_0))$ : logistic regression
- $\frac{1}{2} \|b Ax\|^2 + \lambda \|x\|_1$ : lasso

#### Gradient descent for minimizing f

 $x_{k+1} = x_k - s\nabla f(x_k)$ 

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• 
$$-b^T(Ax + x_0) + 1^T \log(1 + \exp(Ax + x_0))$$
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•  $\frac{1}{2} \|b - Ax\|^2 + \lambda \|x\|_1$ : lasso

#### Gradient descent for minimizing f

$$x_{k+1} = x_k - s\nabla f(x_k)$$

Convergence rate

$$f(x_k) - f^* \le O\left(\frac{1}{k}\right)$$

if s = 1/L, where  $f^{\star} = \min f(x)$ 

•  $\nabla f(x_k)$  replaced by proximal subgradient if f is composite (lasso)

## Accelerating the convergence

#### Nesterov's accelerated gradient method '83

$$x_{k} = y_{k-1} - s\nabla f(y_{k-1})$$
$$y_{k} = x_{k} + \underbrace{\frac{k-1}{k+2}(x_{k} - x_{k-1})}_{\text{momentum}}$$

from  $x_0 = y_0$ 

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from  $x_0 = y_0$ 

• For L-smooth convex f, Nesterov proved that for  $0 < s \le 1/L$ 

$$f(x_k) - f^\star \le O\left(\frac{1}{k^2}\right)$$

- Optimal rate with access to first-order information
- Generalized to composite minimization (Beck and Teboulle '09)

#### Solving SLOPE using Nesterov's method



Error denotes  $f(x_k) - f^*$ ; design matrix A is  $1000 \times 10000$ 

## Mysteries of acceleration

Common wisdom: momentum reduces zig zags and smooths paths

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- What is the underlying mechanism?
- Why  $\frac{k-1}{k+2}$ ?
- Existing approaches: generalized estimate sequence (Baes '09), Chebyshev polynomials (Hardt '13), linear coupling (Allen-Zhu and Orecchia '14), optimized first-order method (Drori and Teboulle '14), control theory (Lessard et al '16)

## Outline

1. A second-order ODE

2. High-resolution ODEs

3. Concluding remarks

The beginning of the story...

#### Trajectories of Nesterov's method

Iterates from minimizing  $f(x) = \frac{5}{2}x_1^2 + \frac{1}{2}x_2^2$ 



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## Time scaling

Iterates at  $k = 2.5/\sqrt{\text{step size}}$ 



## The limit of Nesterov's method

Nesterov's method

$$x_{k} = y_{k-1} - s\nabla f(y_{k-1})$$
$$y_{k} = x_{k} + \frac{k-1}{k+2}(x_{k} - x_{k-1})$$

#### Theorem

Taking  $s \rightarrow 0$ , Nesterov's method converges to the ODE

$$\ddot{X}(t) + \frac{3}{t}\dot{X}(t) + \nabla f(X(t)) = 0$$

with  $X(0) = x_0$ ,  $\dot{X}(0) = 0$  in the sense  $\lim_{s \to 0} \max_{k \le \frac{T}{\sqrt{s}}} \|x_k - X(k\sqrt{s})\| = 0$ 

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- Solution exists and unique
- A second-order ODE
- Time parameter  $t \approx k \sqrt{\text{step size}} \propto \sqrt{\text{step size}}$

#### **Derivation** I

Nesterov's method in one-line

$$x_{k} = y_{k-1} - s\nabla f(y_{k-1})$$
$$y_{k} = x_{k} + \frac{k-1}{k+2}(x_{k} - x_{k-1})$$
$$\downarrow$$
$$\frac{x_{k+1} - x_{k}}{\sqrt{s}} = \frac{k-1}{k+2}\frac{x_{k} - x_{k-1}}{\sqrt{s}} - \sqrt{s}\nabla f(y_{k})$$

#### **Derivation II**

Let  $t_k = k\sqrt{s}$ . Assume  $x_k = X(t_k)$  for some smooth curve X

$$\frac{x_{k+1} - x_k}{\sqrt{s}} = \dot{X}(t_k) + \frac{1}{2}\ddot{X}(t_k)\sqrt{s} + o(\sqrt{s})$$
$$\frac{x_k - x_{k-1}}{\sqrt{s}} = \dot{X}(t_k) - \frac{1}{2}\ddot{X}(t_k)\sqrt{s} + o(\sqrt{s})$$
$$\sqrt{s}\nabla f(y_k) = \sqrt{s}\nabla f(X(t_k)) + o(\sqrt{s})$$

Comparing coefficients of  $\sqrt{s}$  in Nesterov's method gives

$$\ddot{X}(t) + \frac{3}{t}\dot{X}(t) + \nabla f(X(t)) = 0$$

#### The Nesterov ODE

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Suggest new accelerated methods?	Yes

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Suggest new accelerated methods?	Yes

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# Ask me anything

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Of course not, but we've *upgraded* the ODE

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Yes

# A faithful surrogate



## Analogous convergence rate

Theorem (Our)  

$$\ddot{X} + \frac{3}{t}\dot{X} + \nabla f(X) = 0$$

$$\downarrow$$

$$f(X(t)) - f^* \le \frac{2\|x_0 - x^*\|^2}{t^2}$$

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#### Theorem (Nesterov)

$$x_{k} = y_{k-1} - s\nabla f(y_{k-1})$$

$$y_{k} = x_{k} + \frac{k-1}{k+2}(x_{k} - x_{k-1})$$

$$\downarrow$$

$$f(x_{k}) - f^{*} \leq \frac{2\|x_{0} - x^{*}\|^{2}}{s(k+1)^{2}}$$

## Analogous convergence rate

# Theorem (Our) $\ddot{X} + \frac{3}{t}\dot{X} + \nabla f(X) = 0$ 1 $f(X(t)) - f^{\star} \le \frac{2\|x_0 - x^{\star}\|^2}{t^2}$

#### Theorem (Nesterov)

•  $t^2 \approx s(k+1)^2$ 

Proving 
$$f(X(t)) - f^* \leq \frac{2\|x_0 - x^*\|^2}{t^2}$$

Proving 
$$f(X(t)) - f^{\star} \leq \frac{2\|x_0 - x^{\star}\|^2}{t^2}$$

• Energy functional (Lyapunov)

$$\mathcal{E}(t) = t^2(f(X) - f^*) + 2 \left\| X + \frac{t}{2}\dot{X} - x^* \right\|^2$$

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• Energy functional (Lyapunov)

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• By convexity of f

$$\begin{aligned} \frac{\mathrm{d}\mathcal{E}}{\mathrm{d}t} &= 2t(f(X) - f^{\star}) + 4\langle X - x^{\star}, -\frac{t}{2}\nabla f(X) \rangle \\ &= 2t(f(X) - f^{\star}) - 2t\langle X - x^{\star}, \nabla f(X) \rangle \leq 0 \end{aligned}$$

Proving 
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• By convexity of f

$$\frac{\mathrm{d}\mathcal{E}}{\mathrm{d}t} = 2t(f(X) - f^{\star}) + 4\langle X - x^{\star}, -\frac{t}{2}\nabla f(X)\rangle$$
$$= 2t(f(X) - f^{\star}) - 2t\langle X - x^{\star}, \nabla f(X)\rangle \le 0$$

•  $t^2(f(X(t)) - f^*) \le \mathcal{E}(t) \le \mathcal{E}(0) = 2||x_0 - x^*||^2$ 

# Comparing gradient descent with Nesterov's method

Gradient descent ODE

- $\dot{X} + \nabla f(X) = 0$
- Euler stable step size O(1/L)
- Each iteration moves  $\propto s$



Nesterov ODE

- $\ddot{X} + \frac{3}{t}\dot{X} + \nabla f(X) = 0$
- Euler stable step size  $O(1/\sqrt{L})$
- Each iteration moves  $\propto \sqrt{s}$



# Suggesting new methods

New ODE

$$\ddot{X} + \frac{r}{t}\dot{X} + \nabla f(X) = 0$$

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#### Theorem

Suppose r > 3. Then

$$f(X(t)) - f^{\star} \le \frac{(r-1)^2 \|x_0 - x^{\star}\|^2}{2t^2}, \ \int_0^\infty t(f(X(t)) - f^{\star}) dt \le \frac{(r-1)^2 \|x_0 - x^{\star}\|^2}{2(r-3)}$$

- Acceleration remains
- If r < 3, no acceleration! (see also Attouch et al '17)
- Proof based on  $\mathcal{E}(t) = \frac{2t^2}{r-1}(f(X) f^*) + (r-1)\|X + \frac{t}{r-1}\dot{X} x^*\|^2$

## Generalized Nesterov's methods

Back to the discrete world, from  $y_0 = x_0$ 

$$x_{k} = y_{k-1} - s\nabla f(y_{k-1})$$
$$y_{k} = x_{k} + \frac{k-1}{k+r-1}(x_{k} - x_{k-1})$$

- r results from k + r 1 (k 1)
- Generalized to composite minimization by replacing  $\nabla f(y_{k-1})$  with proximal subgradient

## Generalized Nesterov's method

#### For r > 3 and $0 < s \le 1/L$

$$f(x_k) - f^* \le \frac{(r-1)^2 \|x_0 - x^*\|^2}{2s(k+r-2)^2}$$
$$\sum_{k=1}^{\infty} (k+r-1)(f(x_k) - f^*) \le \frac{(r-1)^2 \|x_0 - x^*\|^2}{2s(r-3)}$$

## Generalized Nesterov's method

#### For r > 3 and $0 < s \le 1/L$

$$f(x_k) - f^* \le \frac{(r-1)^2 \|x_0 - x^*\|^2}{2s(k+r-2)^2}$$
$$\sum_{k=1}^{\infty} (k+r-1)(f(x_k) - f^*) \le \frac{(r-1)^2 \|x_0 - x^*\|^2}{2s(r-3)}$$

- $O(1/k^2)$  convergence rate remains
- Suggests  $f(x_k) f^* = o(1/k^2)$  asymptotically (Attouch and Peypouquet '16)

## Numerical Examples I



## Numerical Examples II



# Restarting Nesterov's method I



#### Cause

If  $\frac{3}{t}$  is small, friction is too low

- Time is set to zero whenever velocity starts to decreases
- Early restarting ideas (O'Donoghue and Candès '12)

## Restarting Nesterov's method II

Our restarting (srN), gradient restarting (grN) (O'Donoghue and Candès '12), Nesterov's method (oN), and proximal gradient (PG)



## Acceleration and monotonicity simultaneously?

- Nesterov's method achieves acceleration, but is not monotone
- Gradient descent is monotone, but not accelerated

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#### Theorem

If a first-order method can be represented as a linear combination of several iterates and the gradient, then it **cannot** be both accelerated and monotone

## Outline

1. A second-order ODE

2. High-resolution ODEs

3. Concluding remarks

# Methods for strongly convex functions

#### Let f be $\mu\text{-strongly convex and }L\text{-smooth}$

Polyak's heavy-ball method	Nesterov's method
$x_{k+1} = x_k + \alpha \left( x_k - x_{k-1} \right) - s \nabla f(x_k)$	$y_{k+1} = x_k - s\nabla f(x_k)$ $x_{k+1} = y_{k+1} + \frac{1 - \sqrt{\mu s}}{1 + \sqrt{\mu s}} (y_{k+1} - y_k)$

• Polyak suggests  $\alpha = (1 - \sqrt{\mu/L})^2$ 

## They look similar

Let f be  $\mu\text{-strongly convex and }L\text{-smooth}$ 

#### Nesterov's method

$$y_{k+1} = x_k - s\nabla f(x_k)$$
$$x_{k+1} = y_{k+1} + \frac{1 - \sqrt{\mu s}}{1 + \sqrt{\mu s}} (y_{k+1} - y_k)$$

Equivalent to

$$x_{k+1} = x_k + \frac{1 - \sqrt{\mu s}}{1 + \sqrt{\mu s}} \left( x_k - x_{k-1} \right) - s \nabla f(x_k) - \underbrace{\frac{1 - \sqrt{\mu s}}{1 + \sqrt{\mu s}} s \left( \nabla f(x_k) - \nabla f(x_{k-1}) \right)}_{\text{gradient correction}}$$

#### Polyak's heavy-ball method

$$x_{k+1} = x_k + \frac{1 - \sqrt{\mu s}}{1 + \sqrt{\mu s}} \left( x_k - x_{k-1} \right) - s \nabla f(x_k)$$

• Only differ in gradient correction

# They have the same ODE

Nesterov's and Polyak's share the same ODE (Wilson et al '16)

 $\ddot{X}(t) + 2\sqrt{\mu}\dot{X}(t) + \nabla f(X(t)) = 0$ 

• The gradient correction  $\frac{1-\sqrt{\mu s}}{1+\sqrt{\mu s}}s\left(\nabla f(x_k)-\nabla f(x_{k-1})\right)$  is not reflected due to *low resolution* 

## But they are very different!



• Polyak's: oscillations

Need new ODEs to capture fine-grained behaviors

# High-resolution ODEs

Let s be small but non-vanishing

#### High-resolution ODEs

• Polyak's

$$\ddot{X}(t)+2\sqrt{\mu}\dot{X}(t)+(1+\sqrt{\mu s})\nabla f(X(t))=0$$

Nesterov's

 $\ddot{X}(t) + 2\sqrt{\mu}\dot{X}(t) + \sqrt{s}\nabla^2 f(X(t))\dot{X}(t) + (1 + \sqrt{\mu s})\nabla f(X(t)) = 0$ 

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• 
$$X(0) = x_0$$
 and  $\dot{X}(0) = -\frac{2\sqrt{s}\nabla f(x_0)}{1+\sqrt{\mu s}}$ 

- $\sqrt{s}\nabla^2 f(X)\dot{X}(t)$  results from  $\frac{1-\sqrt{\mu s}}{1+\sqrt{\mu s}}s\left(\nabla f(x_k)-\nabla f(x_{k-1})\right)$
- Derivation: carefully Taylor expand  $\frac{1-\sqrt{\mu s}}{1+\sqrt{\mu s}}s\left(\nabla f(x_k)-\nabla f(x_{k-1})\right)$

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#### High-resolution ODEs

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 $\ddot{X}(t) + 2\sqrt{\mu}\dot{X}(t) + \sqrt{s}\nabla^2 f(X(t))\dot{X}(t) + (1 + \sqrt{\mu s})\nabla f(X(t)) = 0$ 

- If s = 0, high-resolution ODEs reduce to low-resolution ODE
- Modified differential equations








Do the high-resolution ODEs distinguish acceleration and non-acceleration?

### The answer is in the gradient correction

### The difference is in $\sqrt{s}\nabla^2 f(X(t))\dot{X}(t)$

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•  $\sqrt{s} \nabla^2 f(X(t)) \dot{X}(t)$  (gradient correction) gently adjusts the "friction"

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### The difference is in $\sqrt{s}\nabla^2 f(X(t))\dot{X}(t)$

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 $\ddot{X}(t) + 2\sqrt{\mu}\dot{X}(t) + \sqrt{s}\nabla^2 f(X(t))\dot{X}(t) + (1 + \sqrt{\mu s})\nabla f(X(t)) = 0$ 

- $\sqrt{s}\nabla^2 f(X(t))\dot{X}(t)$  (gradient correction) gently adjusts the "friction"
- Fundamental to the acceleration of Nesterov's method

### Energy functional for Nesterov's ODE

$$\ddot{X}(t) + 2\sqrt{\mu}\dot{X}(t) + \sqrt{s}\nabla^{2}f(X(t))\dot{X}(t) + (1 + \sqrt{\mu}s)\nabla f(X(t)) = 0$$

Energy functional  

$$\mathcal{E}(t) = \underbrace{(1 + \sqrt{\mu s}) \left(f(X) - f^{\star}\right)}_{\text{potential}} + \underbrace{\frac{1}{4} \|\dot{X}\|^2}_{\text{kinetic}} + \frac{1}{4} \|\dot{X} + 2\sqrt{\mu}(X - x^{\star}) + \sqrt{s\nabla f(X)}\|^2$$

### Energy functional for Nesterov's ODE

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- $\dot{X} + 2\sqrt{\mu}(X x^*) + \sqrt{s}\nabla f(X)$  results from integrating  $\ddot{X} + 2\sqrt{\mu}\dot{X} + \sqrt{s}\nabla^2 f(X)\dot{X}$
- $\sqrt{s}\nabla f(X)$  arises from gradient correction

### Convergence of Nesterov's ODE

Energy functional

$$\mathcal{E}(t) = (1 + \sqrt{\mu s}) \left( f(X) - f^{\star} \right) + \frac{1}{4} \| \dot{X} \|^2 + \frac{1}{4} \| \dot{X} + 2\sqrt{\mu} (X - x^{\star}) + \sqrt{s} \nabla f(X) \|^2$$

Lemma
$$\frac{\mathrm{d}\mathcal{E}}{\mathrm{d}t} \leq -\frac{\sqrt{\mu}}{4}\mathcal{E} - \frac{\sqrt{s}}{2}\left[\|\nabla f(X)\|^2 + \dot{X}^\top \nabla^2 f(X)\dot{X}\right] \leq -\frac{\sqrt{\mu}}{4}\mathcal{E}$$

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Energy functional

$$\mathcal{E}(t) = (1 + \sqrt{\mu s}) \left( f(X) - f^{\star} \right) + \frac{1}{4} \| \dot{X} \|^2 + \frac{1}{4} \| \dot{X} + 2\sqrt{\mu} (X - x^{\star}) + \sqrt{s} \nabla f(X) \|^2$$

# Lemma $\frac{\mathrm{d}\mathcal{E}}{\mathrm{d}t} \leq -\frac{\sqrt{\mu}}{4}\mathcal{E} - \frac{\sqrt{s}}{2}\left[\|\nabla f(X)\|^2 + \dot{X}^\top \nabla^2 f(X)\dot{X}\right] \leq -\frac{\sqrt{\mu}}{4}\mathcal{E}$

•  $\frac{\sqrt{s}}{2}(\|\nabla f(X)\|^2 + \dot{X}^\top \nabla^2 f(X)\dot{X}) \ge 0$  arises from gradient correction • For s < 1/L

$$f(X(t)) - f^{\star} \le \frac{2 \|x_0 - x^{\star}\|^2}{s} e^{-\frac{\sqrt{\mu}t}{4}}$$

### Convergence of Polyak's ODE

Energy functional

$$\mathcal{E}(t) = (1 + \sqrt{\mu s}) \left( f(X) - f^{\star} \right) + \frac{1}{4} \| \dot{X} \|^2 + \frac{1}{4} \| \dot{X} + 2\sqrt{\mu} (X - x^{\star}) \|^2$$

Lemma

$$\frac{\mathrm{d}\mathcal{E}}{\mathrm{d}t} \le -\frac{\sqrt{\mu}}{4}\mathcal{E}$$

•  $\frac{\sqrt{s}}{2}(\|\nabla f(X)\|^2 + \dot{X}^\top \nabla^2 f(X)\dot{X})$  is not found

 $\bullet \quad \text{For} \ s \leq 1/L$ 

$$f(X(t)) - f^{\star} \le \frac{7 \|x_0 - x^{\star}\|^2}{2s} e^{-\frac{\sqrt{\mu}t}{4}}$$

### Returning to the discrete world

#### Continuous-time

$$\mathcal{E}(t) = (1 + \sqrt{\mu s}) \left( f(X) - f^{\star} \right) + \frac{1}{4} \| \dot{X} \|^2 + \frac{1}{4} \| \dot{X} + 2\sqrt{\mu} (X - x^{\star}) + \sqrt{s} \nabla f(X) \|^2$$

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#### Discrete-time

$$\mathcal{E}(k) = \frac{1 + \sqrt{\mu s}}{1 - \sqrt{\mu s}} \left( f(x_k) - f^* \right) + \frac{1}{4} \| v_k \|^2 + \frac{1}{4} \| v_k + \frac{2\sqrt{\mu}}{1 - \sqrt{\mu s}} (x_{k+1} - x^*) + \sqrt{s} \nabla f(x_k) \|^2 - \frac{s \| \nabla f(x_k) \|^2}{2(1 - \sqrt{\mu s})}$$

• Phase variable 
$$v_k = \frac{x_{k+1} - x_k}{\sqrt{s}}$$

• Seamless transform via phase space representation

$$\mathcal{E}(k) = \frac{1 + \sqrt{\mu s}}{1 - \sqrt{\mu s}} \left( f(x_k) - f^* \right) + \frac{1}{4} \| v_k \|^2 + \frac{1}{4} \| v_k + \frac{2\sqrt{\mu}}{1 - \sqrt{\mu s}} (x_{k+1} - x^*) + \sqrt{s} \nabla f(x_k) \|^2 - \frac{s \| \nabla f(x_k) \|^2}{2(1 - \sqrt{\mu s})}$$

### Lemma

If 
$$0 < s \le 1/(4L)$$
, then  $\mathcal{E}(k+1) - \mathcal{E}(k) \le -\frac{\sqrt{\mu s}}{6}\mathcal{E}(k+1)$ 

$$\mathcal{E}(k) = \frac{1 + \sqrt{\mu s}}{1 - \sqrt{\mu s}} \left( f(x_k) - f^* \right) + \frac{1}{4} \| v_k \|^2 + \frac{1}{4} \| v_k + \frac{2\sqrt{\mu}}{1 - \sqrt{\mu s}} (x_{k+1} - x^*) + \sqrt{s} \nabla f(x_k) \|^2 - \frac{s \| \nabla f(x_k) \|^2}{2(1 - \sqrt{\mu s})}$$

#### Lemma

If 
$$0 < s \le 1/(4L)$$
, then  $\mathcal{E}(k+1) - \mathcal{E}(k) \le -\frac{\sqrt{\mu s}}{6}\mathcal{E}(k+1)$ 

Implies

$$f(x_k) - f^* \le \frac{5L \|x_0 - x^*\|^2}{\left(1 + \frac{1}{12}\sqrt{\mu/L}\right)^k}$$

•  $\log(f(x_k) - f^{\star}) \leq -O(k\sqrt{\mu/L})$  matches the optimal bound (Nesterov '13)

### Discrete energy functional for Polyak's

$$\mathcal{E}(k) = \frac{1 + \sqrt{\mu s}}{1 - \sqrt{\mu s}} \left( f(x_k) - f^* \right) + \frac{1}{4} \left\| v_k \right\|^2 + \frac{1}{4} \left\| v_k + \frac{2\sqrt{\mu}}{1 - \sqrt{\mu s}} (x_{k+1} - x^*) \right\|^2$$

#### Lemma

$$\begin{aligned} \mathcal{E}(k+1) - \mathcal{E}(k) &\leq -\sqrt{\mu s} \min\left\{\frac{1 - \sqrt{\mu s}}{1 + \sqrt{\mu s}}, \frac{1}{4}\right\} \mathcal{E}(k+1) \\ &- \left[\frac{3\sqrt{\mu s}}{4} \left(\frac{1 + \sqrt{\mu s}}{1 - \sqrt{\mu s}}\right) \left(f(x_{k+1}) - f^{\star}\right) - \frac{s}{2} \left(\frac{1 + \sqrt{\mu s}}{1 - \sqrt{\mu s}}\right)^2 \|\nabla f(x_{k+1})\|^2 \right] \end{aligned}$$

• Need to ensure the "annoying" term

$$\frac{3\sqrt{\mu s}}{4} \left(\frac{1+\sqrt{\mu s}}{1-\sqrt{\mu s}}\right) \left(f(x_{k+1}) - f^{\star}\right) - \frac{s}{2} \left(\frac{1+\sqrt{\mu s}}{1-\sqrt{\mu s}}\right)^2 \|\nabla f(x_{k+1})\|^2 \ge 0$$

### Where is this "annoying" term from?

The continuous energy functional for Nesterov's

$$\frac{\mathrm{d}\mathcal{E}}{\mathrm{d}t} \leq -\frac{\sqrt{\mu}}{4}\mathcal{E} - \underbrace{\frac{\sqrt{s}}{2} \left[ \|\nabla f(X)\|^2 + \dot{X}^\top \nabla^2 f(X) \dot{X} \right]}_{D}$$

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- In fact, the "annoying" term appears in Nesterov's, but canceled out by D
- Recall *D* is due to gradient correction
- Thus, the "annoying" term is due to the lack of gradient correction in Polyak's

# When is the "annoying" term nonnegative?

### Lemma (Polyak's)

$$\mathcal{E}(k+1) - \mathcal{E}(k) \le -\sqrt{\mu s} \min\left\{\frac{1-\sqrt{\mu s}}{1+\sqrt{\mu s}}, \frac{1}{4}\right\} \mathcal{E}(k+1) \\ -\left[\frac{3\sqrt{\mu s}}{4} \left(\frac{1+\sqrt{\mu s}}{1-\sqrt{\mu s}}\right) (f(x_{k+1}) - f^{\star}) - \frac{s}{2} \left(\frac{1+\sqrt{\mu s}}{1-\sqrt{\mu s}}\right)^2 \|\nabla f(x_{k+1})\|^2\right]$$

- It is nonnegative if  $s = O\left(\frac{\mu}{L^2}\right)$  in Polyak's
- $\mathcal{E}(k+1) \mathcal{E}(k) \le -\sqrt{\mu s} \min\left\{\frac{1-\sqrt{\mu s}}{1+\sqrt{\mu s}}, \frac{1}{4}\right\} \mathcal{E}(k+1)$
- Take  $s = \mu/(16L^2)$ , Polyak's convergence

$$f(x_k) - f(x_0) \le \frac{5L \|x_0 - x^\star\|^2}{\left(1 + \frac{\mu}{16L}\right)^k}$$

# It is the gradient correction that matters

#### Nesterov's

- Contains gradient correction
- Step size  $s = O\left(\frac{1}{L}\right)$
- $\log(f(x_k) f^\star) \le -O(k\sqrt{\mu/L})$
- Achieves acceleration

### Polyak's

- No gradient correction
- Step size  $s = O\left(\frac{\mu}{L^2}\right)$
- $\log(f(x_k) f^\star) \le -O(k\mu/L)$
- No (global) acceleration

• For ill-conditioned  $\mu \ll L$  cases,  $O\left(\frac{1}{L}\right) \gg O\left(\frac{\mu}{L^2}\right)$ 

### Numerical stability

Forward Euler scheme on Nesterov's

 $\frac{X(t+\sqrt{s}) - 2X(t) + X(t-\sqrt{s})}{s} + \left(2\sqrt{\mu} + \sqrt{s}\nabla^2 f(X(t-\sqrt{s}))\right) \cdot \frac{X(t) - X(t-\sqrt{s})}{\sqrt{s}} + \left(1 + \sqrt{\mu s}\right)\nabla f(X(t-\sqrt{s})) = 0$ 

Stable step sizes for solving Nesterov's

$$s \le O\left(\frac{1}{L}\right)$$

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Stable step sizes for solving Polyak's

$$s \leq O\left(\frac{\mu}{L^2}\right)$$

### A straight or winding road?



Why Nesterov's allows a larger step size than Polyak's?

• Gradient correction in Nesterov's "smoothes out" bumps

### All roads lead to Rome, but...



Yet another application of high-resolution ODEs

### Make gradient small

Let f be L-smooth (non-strongly) convex

How to minimize  $\|\nabla f(x)\|^2$  efficiently?

### Make gradient small

Let f be L-smooth (non-strongly) convex

How to minimize  $\|\nabla f(x)\|^2$  efficiently?

- A centerpiece in non-convex optimization
- Nesterov's achieves

$$\|\nabla f(x_k)\|^2 \le O\left(\frac{1}{k^2}\right)$$

because  $\|\nabla f(x_k)\|^2 \leq 2L(f(x_k) - f^{\star})$  and  $f(x_k) - f^{\star} \leq O(1/k^2)$ . Recall

$$x_{k} = y_{k-1} - s\nabla f(y_{k-1})$$
$$y_{k} = x_{k} + \frac{k-1}{k+2}(x_{k} - x_{k-1})$$

# Is $O(1/k^2)$ the right rate?

Scaled squared gradient norm  $s^2(k+1)^2 \min_{0 \le i \le k} \|\nabla f(x_i)\|^2$ 



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Unfortunately, the low-resolution ODE cannot explain

### Yet another high-resolution ODE

### High-resolution ODE for non-strongly convex objectives

$$\ddot{X}(t) + \frac{3}{t}\dot{X}(t) + \sqrt{s}\nabla^2 f(X(t))\dot{X}(t) + \left(1 + \frac{3\sqrt{s}}{2t}\right)\nabla f(X(t)) = 0$$

for  $t \geq 3\sqrt{s}/2$ , with  $X(3\sqrt{s}/2) = x_0$  and  $\dot{X}(3\sqrt{s}/2) = -\sqrt{s}\nabla f(x_0)$ 

- Reduces to the low-resolution ODE if s = 0
- Contains gradient correction  $\sqrt{s} \nabla^2 f(X) \dot{X}$

# High-resolution energy functional of Nesterov's method

$$\mathcal{E}(t) = t\left(t + \frac{\sqrt{s}}{2}\right)(f(X) - f^{\star}) + \frac{1}{2}\|t\dot{X} + 2(X - x^{\star}) + t\sqrt{s}\nabla f(X)\|^{2}$$

#### Lemma

$$\frac{\mathrm{d}\mathcal{E}(t)}{\mathrm{d}t} \le -\left[\sqrt{s}t^2 + \left(\frac{1}{L} + \frac{s}{2}\right)t + \frac{\sqrt{s}}{2L}\right] \left\|\nabla f(X)\right\|^2$$

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- $\|\nabla f(X)\|^2$  arises from gradient correction. Thus does *not* apply to low-resolution ODE
- Observe

$$\begin{split} &\inf_{t_0 \leq u \leq t} \left\| \nabla f(X(u)) \right\|^2 \int_{t_0}^t \left[ \sqrt{s}u^2 + \left(\frac{1}{L} + \frac{s}{2}\right)u + \frac{\sqrt{s}}{2L} \right] \mathrm{d}u \\ &\leq \int_{t_0}^t \left[ \sqrt{s}u^2 + \left(\frac{1}{L} + \frac{s}{2}\right)u + \frac{\sqrt{s}}{2L} \right] \left\| \nabla f(X(u)) \right\|^2 \mathrm{d}u \end{split}$$

### An improved rate in continuous case

#### Theorem

Let s = 1/L. The squared gradient norm in the high-resolution ODE satisfies

$$\inf_{t_0 \le u \le t} \left\| \nabla f(X(u)) \right\|^2 = O\left(\frac{\sqrt{L}}{t^3}\right)$$

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- Improved from  $O(1/t^2)$  to  $O(1/t^3)$
- Possible to extend the result to discrete cases?

# Returning to the discrete world (which we care about)

#### Theorem

Let  $s \leq 1/(3L)$ , the Nesterov's method (non-strongly convex) satisfies

$$\min_{0 \le i \le k} \left\| \nabla f(x_i) \right\|^2 \le \frac{8568 \left\| x_0 - x^\star \right\|^2}{s^2 (k+1)^3}$$
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- Improved from  $O(1/k^2)$  to  $O(1/k^3)$
- Based on the discrete energy functional

$$\mathcal{E}(k) = s(k+3)(k+1) \left( f(x_k) - f^* \right) + \frac{1}{2} \left\| (k+1)\sqrt{s}v_k + 2(x_{k+1} - x^*) + (k+1)s\nabla f(x_k) \right\|^2,$$

which satisfies  $\mathcal{E}(k+1) - \mathcal{E}(k) \leq -Cs^2k^2 \|\nabla f(x_{k+1})\|^2$ 

•  $s^2k^2 \|\nabla f(x_{k+1})\|^2$  due to gradient correction

#### More comments on the improved rate

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- Sharpest known bound (without modification)

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- Sharpest known bound (without modification)
- Why minimization of gradient is easier?

#### Simulations I



Scaled squared gradient norm  $s^2(k+1)^3 \min_{0 \le i \le k} \|\nabla f(x_i)\|^2$ .  $f(x) = \frac{1}{2} \langle Ax, x \rangle + \langle b, x \rangle$ , where A is  $500 \times 500$ 

#### Simulations II



Can the high-resolution ODEs suggest new methods?

### Extensions for non-strongly convex functions

Generalized high-resolution ODE

$$\ddot{X} + \frac{\alpha}{t}\dot{X} + \beta\sqrt{s}\nabla^2 f(X)\dot{X} + \left(1 + \frac{\alpha\sqrt{s}}{2t}\right)\nabla f(X) = 0$$

for  $t \ge \alpha \sqrt{s}/2$ , with  $X(\alpha \sqrt{s}/2) = x_0$  and  $\dot{X}(\alpha \sqrt{s}/2) = -\sqrt{s} \nabla f(x_0)$ 

• Reduces to the original Nesterov's if  $\alpha = 3, \beta = 1$ 

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• Reduces to the original Nesterov's if  $\alpha = 3, \beta = 1$ 

#### Generalized Nesterov's method

$$y_{k+1} = x_k - \beta s \nabla f(x_k)$$
$$x_{k+1} = x_k - s \nabla f(x_k) + \frac{k}{k+\alpha} (y_{k+1} - y_k),$$

starting with  $x_0 = y_0$ 

#### Accelerated rates

$$y_{k+1} = x_k - \beta s \nabla f(x_k)$$
$$x_{k+1} = x_k - s \nabla f(x_k) + \frac{k}{k+\alpha} (y_{k+1} - y_k),$$

#### Theorem

If  $\alpha \geq 3$  and  $\beta > \frac{1}{2}$ , then

$$f(x_k) - f^* \le O\left(\frac{1}{k^2}\right), \quad \min_{0 \le i \le k} \|\nabla f(x_i)\|^2 \le O\left(\frac{1}{k^3}\right)$$

In addition, if  $\alpha > 3$  then

$$f(x_k) - f^* \le o\left(\frac{1}{k^2}\right)$$

- Why  $\beta > \frac{1}{2}$ ? A phase transition at certain  $\beta^*$
- $f(x_k) f^{\star} \leq o\left(\frac{1}{k^2}\right)$  for  $\alpha > 3$  extends Attouch and Peypouquet '16

#### Outline

1. A second-order ODE

2. High-resolution ODEs

3. Concluding remarks

## A new framework for understanding optimization





Hermann Weyl

In these days the angel of topology and the devil of abstract algebra fight for the soul of every individual discipline of mathematics



Hermann Weyl

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• Algebraic topology. What is dynamical systems + optimization?



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- Algebraic topology. What is dynamical systems + optimization?
- Gaps between discrete and continuous worlds exist



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In these days the angel of topology and the devil of abstract algebra fight for the soul of every individual discipline of mathematics

- Algebraic topology. What is dynamical systems + optimization?
- Gaps between discrete and continuous worlds exist
- Need more research efforts

• ODEs are amenable tools for analyzing gradient-based methods

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- ODEs are amenable tools for analyzing gradient-based methods
- Conceptually simple, suggest new methods
- Sometimes, need to "upgrade" ODEs
- Non-convex, stochastic, constrained settings? Many research opportunities

## Thank you!

- A Differential Equation for Modeling Nesterov's Accelerated Gradient Method: Theory and Insights with Boyd and Candès, Journal of Machine Learning Research, 2016
- Understanding the Acceleration Phenomenon via High-Resolution Differential Equations with Shi, Du, and Jordan, arXiv, 2018
- Acceleration via Symplectic Discretization of High-Resolution Differential Equations with Shi, Du, and Jordan, NeurIPS, 2019
- Acknowledgment: Sloan Research Fellowship, NSF CAREER Award, and Wharton Dean's Research Fund